

## Deputation

### Deputation from Brighton and Hove Citizens to create a Mental Health Pledge for young People in Brighton and Hove

#### Spokesperson

Talia Fogelman, student at Sussex University

#### Deputation wording

Our deputation is a request to Council to commit to collaborating with us to create a pledge to young people in Brighton and Hove, that will outline the experience they can expect when engaging with Mental Health Services in our city.

We are asking for this issue to be referred to the Council's Health and Wellbeing Board, which would allow us to start a working relationship with the relevant health organisations that would allow us to create this pledge.

#### *What should the Pledge look like?*

The pledge will be a document of accountability of Mental Health Services in our city. It will aim to ensure a consistent and person-centered approach is offered to young people at every point of access, and set a minimum standard to be adhered to when engaging with young people around mental health.

The pledge will be Young Person Centred and designed by listening to the voices of young people of Brighton and Hove, and written in conjunction with the CCG, Primary Care Trust, local mental health charities and other relevant health authorities.

#### *How will the Pledge be created?*

The pledge will be created in partnership with service providers and lead by the young people of our city. This will involve focus group sessions with schools, youth groups, after school clubs and the universities. In working in conjunction with health organisations and the young people of our city we can ensure that the pledge is practical, informed by real lived experiences and can be implemented by relevant health services.

#### **Signatures of support for the deputation – names & addresses:**

1. Frida Gustafsson
2. Talia Fogelman
3. John Lewry

4. Olivia Canham

5. Martin Poole